

## MCEDC Home Resiliency Lesson Plan Resources

### Lessons 1-13

#### Lesson 1: Raised Bed Gardening

- <https://njaes.rutgers.edu/fs129/>
- <https://njaes.rutgers.edu/fs1328/>

#### Lesson 2: Are You Prepared?

- <https://njaes.rutgers.edu/fs681/>
- <https://www.nj.gov/njoem/>
- <https://www.morriscountynj.gov/Departments/Office-of-Emergency-Management>

#### Lesson 3: Your Needs & Supplies

- <https://www.ready.gov/>
- <https://www.nj.gov/njoem/plan-prepare/your-kit-plan.shtml>
- <https://www.nj.gov/njoem/plan-prepare/your-kit-plan.shtml>
- <https://www.ready.gov/kit>

#### Lesson 4: Your Family Disaster Plan

- <https://www.ready.gov/plan>
- [https://www.redcross.org/content/dam/redcross/atg/PDF\\_s/Preparedness\\_Disaster\\_Recovery/General\\_Preparedness\\_Recovery/Home/ARC\\_Family\\_Disaster\\_Plan\\_Template\\_r083012.pdf](https://www.redcross.org/content/dam/redcross/atg/PDF_s/Preparedness_Disaster_Recovery/General_Preparedness_Recovery/Home/ARC_Family_Disaster_Plan_Template_r083012.pdf)
- <https://www.morriscountynj.gov/Residents/Public-Safety/Preparing-for-Emergencies>

#### Lesson 5: Know Your Risks

- <https://www.morriscountynj.gov/Departments/Office-of-Emergency-Management/Resources>
- <https://www.morriscountynj.gov/Departments/Office-of-Emergency-Management/Emergency-Are-You-Ready?transfer=c5abfd59-f3d9-4cbe-9674-18335fdbf5d7>
- <https://www.augurisk.com/risk/state/new-jersey/morris-county/34027>
- <https://hazards.fema.gov/nri/>

#### Lesson 6: Wildfire Preparedness

- <https://www.nj.gov/dep/parksandforests/fire/>
- <https://www.nj.gov/dep/parksandforests/fire/infotools/conditions-restrictions.html>
- <https://www.nfpa.org/education-and-research/wildfire/firewise-usa>
- <https://newjerseywildfirerisk.com/>

#### Lesson 7: Canning & Food Preservation

- <https://www.youtube.com/watch?v=m8HZVmILXlw>
- <https://www.youtube.com/watch?v=L-aqDEisgR4>
- <https://www.youtube.com/watch?v=v3hz-YMhsV4>
- <https://www.youtube.com/watch?v=qUhWVSgNfrs>
- <https://www.youtube.com/watch?v=O0MWIZq6m-o>
- <https://www.youtube.com/watch?v=YeTHs0AKXJ4>

#### Lesson 8 – Edible Landscaping

- <https://thesurvivalmom.com/planning-edible-landscape/#h-planning-an-nbsp-edible-landscape-nbsp-getting-started>
- <https://www.milkwood.net/2015/06/01/design-basics-mapping-the-sun-on-your-site/>
- <https://www.gardeningknowhow.com/planting-zones/new-jersey-planting-zones.htm>
- <https://gilmour.com/planting-zones-hardiness-map#What-Planting-Zone-Am-I-In>

#### Lesson 9 – Urban Gardening

- <https://njaes.rutgers.edu/FS055/>
- [https://rutgers.ca1.qualtrics.com/jfe/form/SV\\_eCJLZKVQpK2kHQO](https://rutgers.ca1.qualtrics.com/jfe/form/SV_eCJLZKVQpK2kHQO)

#### Lesson 10 – Minimizing Food Waste

- <https://www.nytimes.com/wirecutter/blog/keep-your-produce-fresh/>
- <https://www.mayoclinichealthsystem.org/hometown-health/speaking-of-health/7-ways-to-reduce-food-waste-in-your-kitchen>
- <https://www.eufic.org/en/food-safety/article/how-to-reduce-food-waste-at-home>
- <https://homeandkind.com/the-best-proven-way-to-wash-and-store-fruit-to-make-it-last-longer/>

#### Lesson 11 – Lithium Battery Safety

- <https://ul.org/research-updates/what-is-thermal-runaway/>
- [https://en.wikipedia.org/wiki/Lithium-ion\\_battery](https://en.wikipedia.org/wiki/Lithium-ion_battery)

#### Lesson 12 – Backup Power Supply

- <https://nj.pseg.com/safetyandreliability/stormsafety/generatorsafety>
- <https://www.middletonnj.org/775/Generator-Safety-Tips>
- <https://www.ul.com/news/new-standard-portable-generators>

#### Lesson 13 – Local & Seasonal Eaters

- <https://findjerseyfresh.com/JerseyFresh/availability>
- <https://njaes.rutgers.edu/FS1179/>
- <https://findjerseyfresh.com/JerseyFresh>
- <https://www.nj.gov/agriculture/divisions/fn/pdf/njseasonalitychart.pdf>