



# 9. URBAN GARDENING

## *What Is Urban Gardening?*

Urban gardening is the practice of growing plants, fruits, and vegetables in urban areas. Varieties include rooftop gardens, vertical gardens, or community gardens.

### RECOMMENDATIONS FOR CONTAINER GARDENING

- Low growing varieties are compact plants
- Vegetables - bush beans, beets, cabbage, peppers, etc.
- Herbs - sweet basil, chives, oregano, etc.
- Containers - Plastic or clay pots, buckets, tubs, and garbage barrels provide space for roots





## 9. URBAN GARDENING



### SOIL VS. SYNTHETIC

- Synthetic mix is better aerated and does not pack as tightly as soil.
- Mixes are free of plant disease organisms and weed seeds commonly found in soil.
- Synthetic mixes will hold moisture and nutrients
- Soils are 2-3X heavier than plant mixes, making it difficult to move containers.



# LOCATION & CARE

## BEST LOCATIONS:

- **Patios terraces or outdoor balconies**
- **Exposed to at most 8 hours of sunshine per day**
- **Keep 12 inches away from walls that will reflect heat**

## PROPER CARE:

- **Water frequently**
- **Do not overfertilize**
- **Follow label instructions for fertilizer ratios**





MORRIS COUNTY  
ECONOMIC DEVELOPMENT CORPORATION



## 9. URBAN GARDENING

# COMMUNITY GARDENS

Community Gardens are spaces where individuals work together to grow crops and plants that will **benefit the community.**

They can be located in **schools, parks, hospitals or vacant lots.**

[morriscountyedc.org/  
home-resiliency/](http://morriscountyedc.org/home-resiliency/)

